



# Your Professional Skills playbook

## A guide to your career growth

Congratulations on completing your Professional Skills Learning Plan! This playbook is a tool for your reflection and professional growth. It's designed to help you build a stronger case for yourself in performance reviews, career pathing discussions, or when seeking a promotion.

By completing this, you'll have a clear narrative to demonstrate your growth and the value you bring to your team. Use this document to solidify your learning, create a roadmap for applying these skills, and prepare for collaborative discussions with your manager.

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# Part 1: Your journey

## 1. Reflect on the scenarios

- Identify three specific scenarios from the Learning Plan that you found particularly impactful or memorable. For each one, explain what made it stand out to you.

### Example answer:

*Level 5: The Difficult Colleague. This simulation was impactful because it presented a scenario with a coworker who was actively creating a negative work environment, which I found more complex than a simple disagreement. The simulation forced me to practice de-escalation techniques and active listening in a way that felt authentic and challenging. The guidance on focusing on the shared goal, rather than the personal conflict, was a key takeaway.*

## 2. Relate to your experience

- Describe a time you had a similar experience to any of the scenarios or challenges presented during the Learning Plan in your own life or career.

### Example answer:

*The Mentoring Experience in Level 8 reminded me of a time I struggled to give constructive feedback to a new team member. My feedback was too vague, and they didn't know how to improve. The Simucase scenario provided a clear framework for delivering specific, actionable feedback, and I can now see exactly where I went wrong in my previous attempt.*

## 3. Analyze outcomes

- Were there any scenarios where you disagreed with the outcome or the path you took? What do you think should have been done differently, and what new knowledge from the Learning Plan would you use to support that different approach?

### Example answer:

*In Level 9, Navigating Ethical Dilemmas, I initially chose to report an issue to my direct supervisor without gathering more data. After reflecting on the scenario, I now believe it would have been more effective to first document the specific instances and gather additional context. This approach would have allowed me to present a more complete and objective case, which I learned is a crucial first step in a sensitive situation like this.*



# Part 2: Applying your skills

## 4. Skill self-assessment

- Which skills covered in the Learning Plan are you already actively using and/or do you feel confident in applying?

### Example answer:

*I am confident in my time management and organization skills (Level 2). My work schedule is a key part of my day, and the techniques from the Learning Plan helped me identify my existing strengths and provided a vocabulary to articulate them. The course's emphasis on prioritizing high-impact tasks has been particularly useful in how I structure my weekly goals.*

## 5. Tackling challenges

- Which of the skills do you anticipate will be the hardest for you to use or apply consistently? What makes them challenging, and what specific strategies might you employ to improve your consistency?

### Example answer:

*I find Leading Through Change (Level 7) challenging because it requires managing others' emotional reactions in addition to the logistical changes. I tend to focus on the task, but the Simucase module taught me the importance of acknowledging the emotional component. My strategy for improvement is to use the communication frameworks from that level and schedule bi-weekly check-ins with my team to proactively address concerns and gather feedback during a transition.*



# Part 3: For you and your manager

This section is designed to facilitate a productive and collaborative conversation with your manager. The questions below are a chance for you to showcase your growth, discuss your career trajectory, and work together on an action plan for the future.

## 6. Your action plan

- How do you plan to apply what you've learned in your current role at this company? Provide at least two specific, actionable goals.

**Example answer:**

**Goal 1:** *I will use the "giving and receiving feedback" model from Level 6 to facilitate a more productive post-project review with my team by the end of this month. I will use the "I've observed..." and "I recommend..." structure to make the feedback specific and actionable.*

**Goal 2:** *I will proactively schedule a 1:1 meeting with my manager within the next two weeks to discuss my career development and demonstrate the professional conduct and proactivity skills I learned in Level 3.*

## 7. Addressing specific feedback

- How has this course helped you address the specific feedback you've received in the past? Provide a concrete example of a change you've made as a result of this learning.

**Example answer:** *The feedback I received centered on my communication style in team meetings. The Communication & Collaboration skills in Level 4 directly addressed this. I've now begun using the "I believe, I recommend" framework to clearly articulate my ideas, which has already led to more productive discussions and less confusion on my team.*



## Part 3: For you and your manager

### 8. Integrating into the company

- How has the course helped you understand and prepare for the unique challenges of our company culture and your role? What is one specific way you plan to integrate into the company culture?

**Example answer:** *The professional conduct and workplace politics scenarios in Level 3 helped me understand the importance of respecting informal hierarchies and building relationships outside of my immediate team. I plan to integrate by scheduling a few brief virtual coffee chats with individuals from different departments to better understand their roles and how we can collaborate.*

### 9. Quantifiable impact

- Reflect on the simulations. How might the skills you developed lead to a quantifiable business impact (e.g., saving time, reducing errors, improving team efficiency)?

**Example answer:** *By implementing the conflict management strategies from Level 5, I believe I can reduce the amount of time spent on resolving interpersonal conflicts by at least one hour per week, which could translate to over 50 hours of additional productivity for the team over a year. Additionally, the improved communication from Level 6 will likely lead to a 10-15% reduction in project-related errors by ensuring all team members are aligned on tasks.*

### 10. Your next steps

- Based on your experience with this training, what other professional development topics would be most valuable to you in your next six months here?

**Example answer:** *I'd like to further develop my leadership skills, specifically in delegation and fostering team autonomy. I feel the Professional Skills course has given me a great foundation in core competencies, and now I'd like to build on that to take on more responsibility and help guide my team more effectively.*

